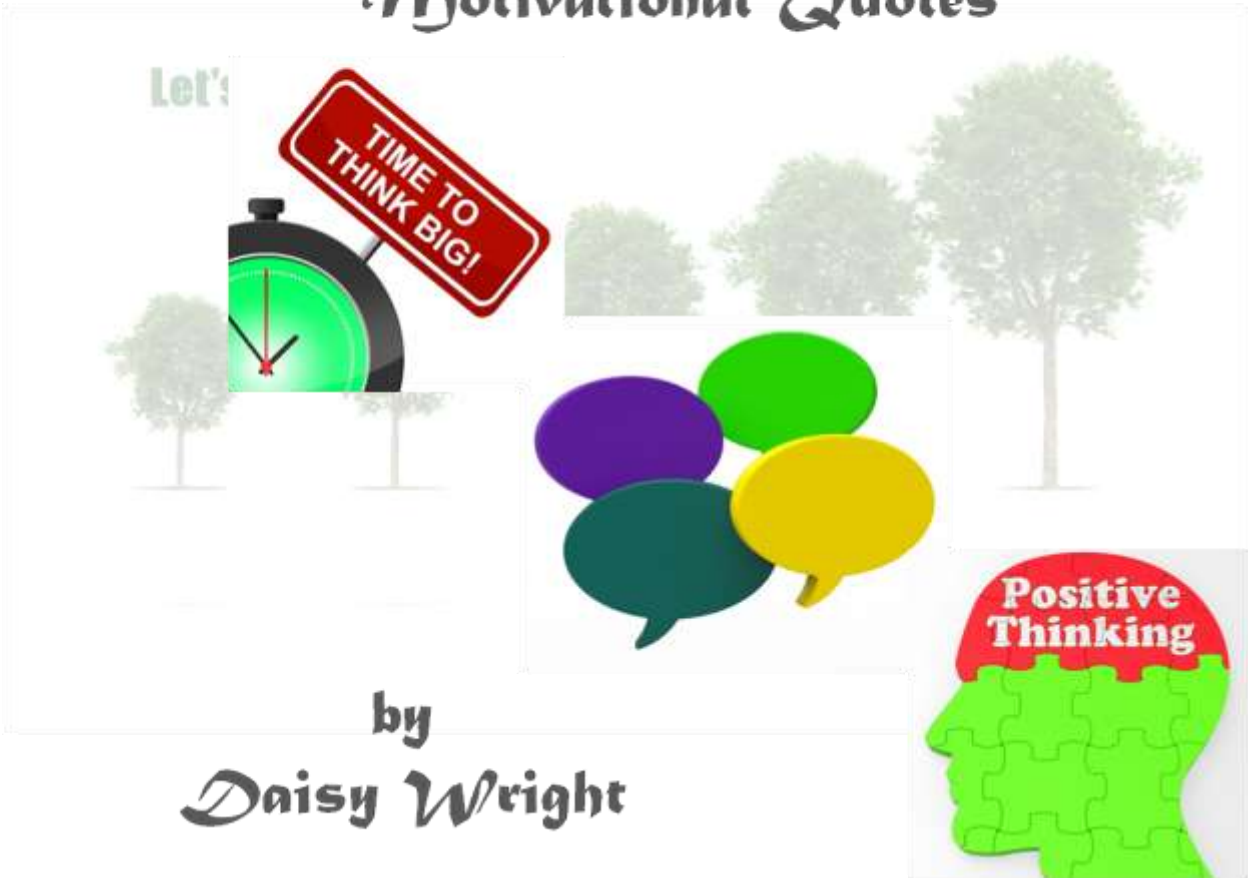


A Refreshing Well of Motivational Quotes



by
Daisy Wright

Compliments of the Let's GROW Project



65 Motivational Quotes to Help You GROW

What you do TODAY matters. My hope is to inspire and challenge you to be all that you were made to be. When you feel like giving up, pick up this book and read to your heart's content. It will lift your spirit.

1. *"Always aim for achievement, and forget about success."* ~**Helen Hayes**
2. *"One of the things I learned the hard way was that it doesn't pay to get discouraged. Keeping busy and making optimism a way of life can restore your faith in yourself."* ~ **Lucille Ball**
3. *"Always be a first-rate version of yourself, instead of a second-rate version of somebody else."* ~**Judy Garland**
4. *"It never occurs to me that there are things that I can't do."* ~**Whoopi Goldberg**
5. *"Challenges make you discover things about yourself that you never really knew."* ~**Cicely Tyson**
6. *"You can't just sit there and wait for people to give you that golden dream. You've got to get out there and make it happen for yourself."* ~**Diana Ross**
7. *"Don't measure your giving by 'how much'; measure it by its impact."* ~**Daisy Wright, Career Strategist**
8. *"The biggest adventure you can ever take is to live the life of your dreams."* ~**Oprah Winfrey**
9. *"The need for change bulldozed a road down the center of my mind."* ~**Maya Angelou**
10. *"You have to believe in yourself when no one else does. That's what makes you a winner."* ~**Venus Williams**
11. *"Confidence is the hinge on the door to success."* ~**Mary O'Hare Dumas**
12. *"Everyone has a talent. What is rare is the courage to follow the talent to the dark place where it leads."* ~**Erica Jong**
13. *"Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence."* ~**Helen Keller**
14. *"No pessimist ever discovered the secrets of the stars, or sailed to an uncharted land, or opened a new heaven to the human spirit."* ~**Helen Keller**

15. *"If you have made mistakes, even serious ones, there is always another chance for you. What we call failure is not the falling down, but the staying down."* ~**Mary Pickford**
16. *"Give the world the best that you have, and the best will come back to you."* ~**Madeline Bridges**
17. *"Be faithful in small things because it is in them that your strength lies."* ~**Mother Teresa**
18. *"You may be disappointed if you fail, but you are doomed if you don't try."* ~**Beverly Sills**
19. *"If we don't change, we don't grow. If we don't grow, we aren't really living."* ~**Gail Sheehy**
20. *"To accomplish great things, we must not only act, but also dream; not only plan, but also believe."* ~**Anatole France**
21. *"Turn your wounds into wisdom."* ~**Oprah Winfrey**
22. *"Create the highest, grandest vision possible for your life, because you become what you believe."* ~**Oprah Winfrey**
23. *"The real winners in life are the people who look at every situation with an expectation that they can make it work or make it better."* ~**Barbara Pletcher**
24. *"When negativity calls you on the phone, don't argue with it, just hang up!"* ~**Daisy Wright**
25. *"You will never plough a field if you only turn it over in your mind."* ~**Irish Proverb**
26. *"Don't listen to friends when the friend inside say "do this".* ~**Mahatma Gandhi**
27. *"Success is not counted by how high you have climbed but by how many people you brought with you."* ~**Will Rose**
28. *"Take up one idea. Make that one idea your life--think of it, dream of it, live on that idea. Let the brain, muscles, nerves, every part of your body, be full of that idea, and just leave every other idea alone. This is the way to success."* ~**Swami Vivekananda**
29. *"Good things come to people who wait, but better things come to those who go out and get them."* ~**Anonymous**
30. *"Blessed are those who can give without remembering and take without forgetting."*
~**Anonymous**
31. *"Success is the sum of small efforts, repeated day-in and day-out."* ~**Robert Collier**
32. *"The reason most people never reach their goals is that they don't define them, or ever seriously consider them as believable or achievable. Winners can tell you where they are going, what they plan to do along the way, and who will be sharing the adventure with them."* ~**Denis Waitley**
33. *Success is ... knowing your purpose in life, growing to reach your maximum potential, and sowing seeds that benefit others."* ~**John C. Maxwell**

34. *"When we decide to be the best, we have no equal."* ~ **Barbara Gloudon, Jamaican Journalist**
35. *"There are two types of people who will tell you that you cannot make a difference in this world: those who are afraid to try and those who are afraid you will succeed."* ~ **Ray Goforth**
36. *"Patience, perseverance and perspiration make an unbeatable combination for success"*
~ **Napoleon Hill**
37. *"People with goals succeed because they know where they are going...it's as simple as that."*
~ **Earl Nightingale, motivational author**
38. *"A vision without action is merely a dream. An action without vision just passes time. But a vision with action can change the world."* ~ **Joel Arthur Barker**
39. *"A goal properly set is halfway reached."* ~ **Abraham Lincoln**
40. *"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You must do the thing you think you cannot do."* ~ **Eleanor Roosevelt, Former US First Lady**
41. *"Courage faces fear and thereby masters it."* ~ **Martin Luther King Jr, American Pastor, Activist, Humanitarian**
42. *"There is only one thing that makes a dream impossible to achieve: the fear of failure."* ~ **Paulo Coelho, Brazilian Lyricist and Novelist**
43. *"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear."* ~ **Nelson Mandela, Former President of South Africa and Anti-apartheid Revolutionary**
44. *"A lot of people have dreams and never do anything about them. When you have ideas and dreams, you do something about it."* ~ **Paul Newman**
45. *"Too many of us are not living our dreams because we are living our fears."* ~ **Les Brown, Motivational Speaker and Author**
46. *"When you determine what you want, you have made the most important decision of your life. You have to know what you want in order to attain it."* ~ **Douglas Lorton**
47. *"I know that I am wise, because I know that I know nothing."* Socrates, philosopher
48. *"I am – just as you are – a unique, never-to-be-repeated event in this Universe. Therefore, I have – just as you have – a unique, never-to-be-repeated role in this world."* ~ **George Sheehan**
49. *"To grow you must leave your COMFORT zone. Push yourself directly into that fear until you've faced it DIRECTLY in the face and it no longer scares you."* ~ **Michael Zipursky, Speaker**
50. *"Life is like a camera. Focus on what's important, capture the good times, develop from the negatives, and if things don't work out, take another shot."* ~ **Author Unknown**

51. *"The bad news is time flies. The good news is you are the pilot."* ~**Michael Althsuler**
52. *"It's not what you say out loud to everyone else that determines your life – it's what you whisper to yourself that has the greatest power."* ~**Marc and Angel**
53. *"It's amazing what ordinary people can do if they set out without preconceived notions."*
~**Charles F. Kettering**
54. *"How disappointed would you be to get to the end of your life and discover that you were made to be great while all you did was wait around."* ~**Marc and Angel**
55. *"Lucky breaks come by chance. Success comes by choice."* ~**John Addison, Leadership Expert**
56. *"Being defeated is often a temporary condition. Giving up is what makes it permanent."*
Marlene vos Savant
57. *"It's better to be prepared for an opportunity and not have one, than to have an opportunity and not be prepared."* ~**Whitney Young**
58. *"Let me tell you the secret that has led me to my goal. My strength lies solely in my tenacity."* ~
Louis Pasteur
59. *"In order to succeed we must first believe that we can."* ~ **Michael Korda**
60. *"One important key to success is self-confidence. An important key to self-confidence is preparation".* ~**Arthur Ashe**
61. *"Go confidently in the direction of your dreams. Live the life you have imagined."* ~**Henry David Thoreau**
62. *"Don't let life discourage you; everyone who got where he is had to begin where he was."*
~**Richard L. Evans**
63. *"Pay no attention to what the critics say; no statue has ever been erected to a critic."* ~**Jean Sibelius**
64. *"No one can prepare you for what heights you will soar until you spread your wings."*
~**Anonymous**
65. *"There are many ways of going forward, but only one way of standing still."* ~**Franklin D. Roosevelt**

